

GGBK Allergen Menu May 2021

	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Soya	Sesame seeds	Sulphur dioxide	Suitable for vegetarians	Suitable for vegans
Starters																
Bread Basket		Yes		Yes			Yes			Yes					Yes	NO
Charcoal Grilled Halloumi							Yes					Yes		Yes	Yes	NO
Goat Cheese Fritters		Yes					Yes		Yes					Yes	Yes	NO
Traditional Scampi		Yes	Yes	Yes	Yes				Yes					Yes	NO	NO
Chicken Goujons		Yes			Yes				Yes			Yes			NO	NO
British Charcuterie Board		Yes		Yes			Yes		Yes					Yes	NO	NO
Mushy Pea Fritters (VO)		Yes		Yes								Yes			Yes	NO
Seafood Basket		Yes	Yes		Yes		Yes	Yes	Yes			Yes		Yes	NO	NO
Goat Cheese & Beetroot salad							Yes		Yes	Yes				Yes	Yes	NO
Mac & Cheese Croquettes		Yes					Yes		Yes			Yes		Yes	Yes	NO
Prawn Cocktail			Yes	Yes					Yes			Yes		Yes	NO	NO

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Classics																
Traditional Fish & Chips		Yes		Yes	Yes		Yes		Yes			Yes			NO	NO
Fillet of Seabass	Yes	Yes			Yes		Yes		Yes			Yes		Yes	NO	NO
Scampi in A Basket		Yes	Yes	Yes					Yes					Yes	NO	NO
The Great British Fish Feast		Yes		Yes	Yes				Yes					Yes	NO	NO
Chicken & Waffles		Yes		Yes			Yes		Yes			Yes		Yes	NO	NO
Ribeye Steak		Yes					Yes					Yes		Yes	NO	NO

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In A Bun																
The Great British Kitchen Burger		Yes		Yes			Yes		Yes	Yes		Yes	Yes	Yes	NO	NO
Chicken Burger		Yes		Yes	Yes		Yes		Yes	Yes		Yes	Yes	Yes	NO	NO
Veggie Burger (VO)		Yes		Yes			Yes			Yes		Yes	Yes		Yes	NO
Posh Fish Finger Sandwich		Yes		Yes	Yes		Yes		Yes	Yes		Yes	Yes	Yes	NO	NO

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Salads																
Caesar Salad		Yes		Yes	Yes		Yes							Yes	NO	NO
Chicken Cesar Salad		Yes		Yes	Yes		Yes							Yes	NO	NO
Cesar Salad & Prawns		Yes	Yes	Yes	Yes		Yes							Yes	NO	NO
Goat's Cheese and Beetroot Salad							Yes		Yes	Yes				Yes	Yes	NO
Tuna Steak with Bean Salad					Yes				Yes			Yes		Yes	NO	NO

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Speciality Pies																
Steak & Ipa Pie		Yes					Yes		Yes			Yes	Yes	Yes	NO	NO
Chicken & Ham Pie		Yes					Yes					Yes		Yes	NO	NO
Mushroom and Chestnut Pie		Yes										Yes		Yes	Yes	Yes

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Sides																
Proper Twice Cooked Chips														Yes	Yes	Yes
Loaded Chips		Yes					Yes							Yes	Yes	NO
Sweet Potato Fries															Yes	Yes
Mixed Salad									Yes						Yes	Yes
Stack of Spicy Onion Rings		Yes					Yes							Yes	Yes	Yes
Homemade Curry Sauce	Yes														Yes	Yes
Homemade Onion Gravy															Yes	Yes
Bread and Butter		Yes		Yes			Yes								Yes	NO
Mushy Peas															Yes	Yes

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Dessert																
Vanilla Cheese Cake																
Sticky Toffee Pudding		Yes		Yes			Yes								Yes	No
Apple & Caramac Crumble Pie		Yes		Yes			Yes							Yes	Yes	NO
Chocolate Brownies				Yes			Yes					Yes			Yes	NO
Chocolate Doughnuts		Yes					Yes			Yes		Yes		Yes	Yes	NO
Sharing Dessert For Two		Yes					Yes			Yes		Yes		Yes	Yes	NO
Ice Cream				Yes			Yes								Yes	NO