



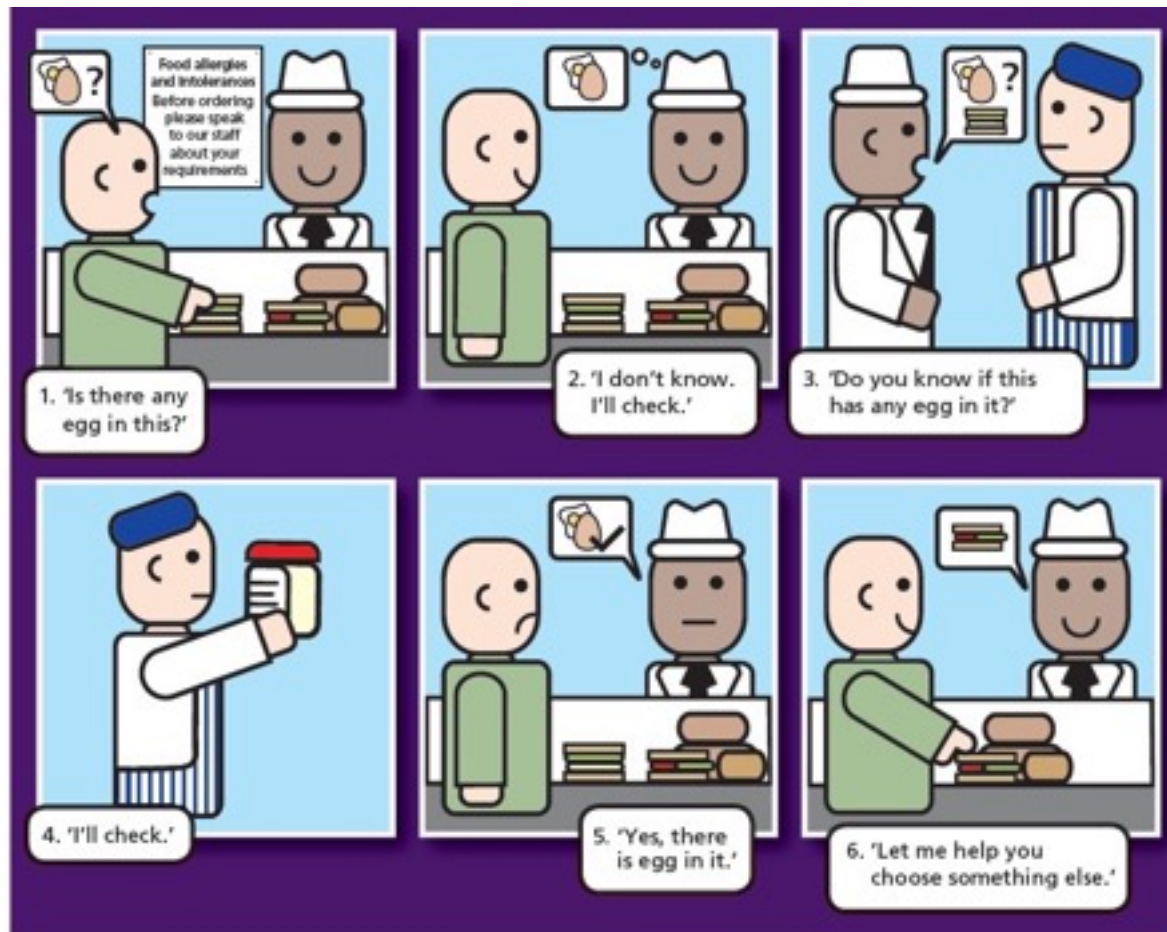
# ALLERGEN INFORMATION

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List of menu items and allergens which may be found in each ingredient



## What to do if a customer asks questions about allergens?



1. When someone asks you if a food contains a particular ingredient, always check every time - never guess.

2. When you are making food, keep a record of all the ingredients (and what they contain), including cooking oils, dressings, toppings, sauces and garnishes.

3. If you change the ingredients of a food, make sure you inform the Operations team who will update your ingredients information and make any changes necessary.

4. If someone asks you to make food that does not contain a particular ingredient, don't say yes unless you can be absolutely sure that none of that ingredient will be in the food.

5. If you're making food for someone with an allergy, make sure work surfaces and equipment have been thoroughly cleaned. And wash your hands thoroughly before preparing that food. Control the risks.

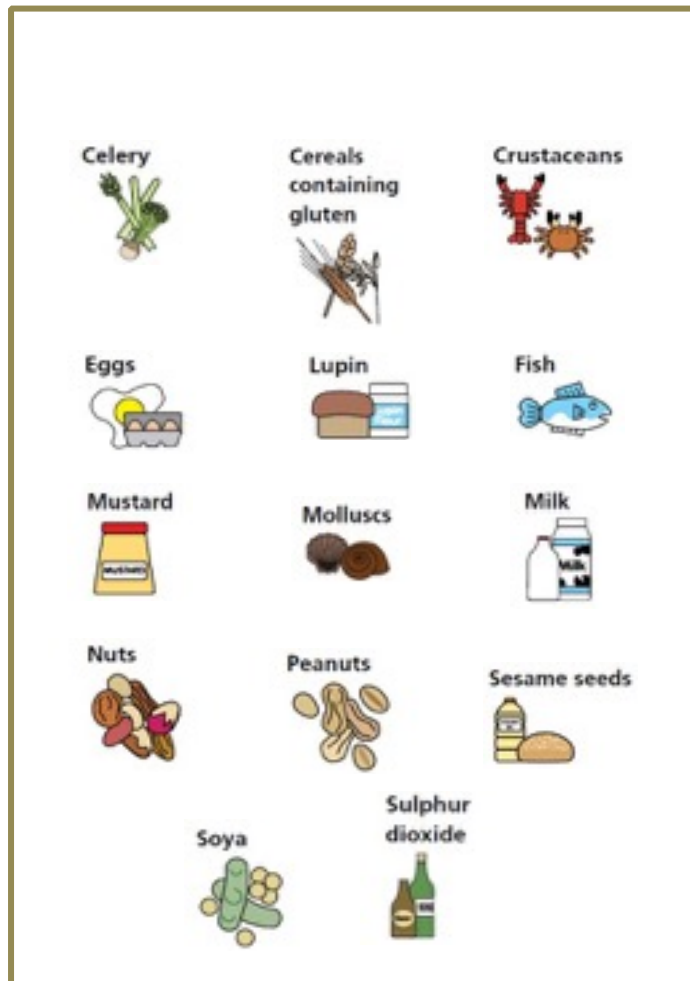
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Dishes marked with \* indicate that whilst the ingredient is not included in the recipe, due to fryers being used for more than one product there is a possible contamination risk from the following allergens: GLUTEN, EGGS, MILK, CELERY, MOLLUSCS, SULPHITES, CRUSTACEANS, FISH, SOYA, MUSTARD.

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## What to do if a customer has an allergic reaction?



### WARNING SIGNS

It is not always clear if someone is having an allergic reaction because other serious conditions can have similar symptoms.

However, warning signs to look out for is if they are finding it hard to breathe, if their lips or mouth are swollen, or if they collapse.

1. Do not move the customer, because this could make them worse.
2. Call 999 immediately and describe what is happening; explain that you think the customer may be having a serious allergic reaction or anaphylaxis (pronounced anna-fill-axis). It is important to mention the word anaphylaxis to ensure that the urgency of the situation is communicated and that appropriate medication will be available.
3. Ask the customer if they carry an adrenaline pen and, if necessary help them retrieve it. If a staff member or first aider is trained in administering adrenaline and the customer is struggling to self-administer, then offer to assist them.
4. Send someone outside to wait for the ambulance while you stay with your customer until help arrives.


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## Small Plates and Starters

|  | Cele<br>ry | Cereals<br>containing<br>gluten   | Crustace<br>ans | Eggs | Fish | Lupin | Milk  | Molluscs | Musta<br>rd  | Nuts | Peanu<br>ts | Soya   | Sesame<br>seeds | Sulphur<br>dioxide   | Suitable<br>for<br>vegetarian<br>s | Suitable<br>for vegans |
|--|------------|---|-----------------|------|------|-------|---|----------|--|------|-------------|--|-----------------|--|------------------------------------|------------------------|
| <b>George's Very Own Chicken Kebab</b> |            |   |                 |      |      |       |   |          |  |      |             |  |                 |  |                                    |                        |
| Tandoori Chicken                       |            |   |                 |      |      |       |  |          |   |      |             |   |                 |  | NO                                 | NO                     |
| Naan bread                             |            |  |                 |      |      |       |   |          |  |      |             |  |                 |  | YES                                | YES                    |
| Raita                                  |            |   |                 |      |      |       |  |          |  |      |             |   |                 |  | YES                                | NO                     |
| Pickled carrots                        |            |   |                 |      |      |       |   |          |  |      |             |  |                 |   | YES                                | YES                    |
| Smooth Mango chutney                   |            |   |                 |      |      |       |   |          |  |      |             |  |                 |  | YES                                | YES                    |
| <b>BBQ Wings</b>                       |            |   |                 |      |      |       |   |          |  |      |             |  |                 |  |                                    |                        |
| BBQ Mock Duck*                         |            |  |                 |      |      |       |   |          |  |      |             |   |                 |  | YES                                | YES                    |
| Ranch coleslaw                         |            |   |                 |      |      |       |   |          |  |      |             |  |                 |  | YES                                | YES                    |
| Baby gem lettuce                       |            |   |                 |      |      |       |   |          |  |      |             |  |                 |  | YES                                | YES                    |
| BBQ sauce                              |            |   |                 |      |      |       |   |          |  |      |             |  |                 |  | YES                                | YES                    |

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|                           | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts | Peanuts | Soya | Sesame seeds | Sulphur dioxide | Suitable for vegetarians | Suitable for vegans |
|---------------------------|--------|---------------------------|-------------|------|------|-------|------|----------|---------|------|---------|------|--------------|-----------------|--------------------------|---------------------|
| <b>Mushy Pea Fritters</b> |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 |                          |                     |
| Mushy pea fritters*       |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | NO                       | NO                  |
| Micro red chard           |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | YES                 |
| Lime wedge                |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | YES                 |
| Horseradish mayo          |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | NO                  |
| <b>Cod Pakoras</b>        |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 |                          |                     |
| Cod in bhaji batter*      |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | NO                       | NO                  |
| Coriander and mint dip    |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | NO                  |
| Lime wedge                |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | YES                 |
| Micro ruby chard          |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | YES                 |

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| George's Squid                   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |     |     |
|----------------------------------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|-----|-----|
| Squid rings* <i>in cornflour</i> |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | NO  | NO  |
| Old Bay seasoning                |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | YES | YES |
| Lemon wedge and ruby chard       |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | YES | YES |
| Chipotle sauce                   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | YES | NO  |

|                                       | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts | Peanuts | Soya | Sesame seeds | Sulphur dioxide | Suitable for vegetarians | Suitable for vegans |
|---------------------------------------|--------|---------------------------|-------------|------|------|-------|------|----------|---------|------|---------|------|--------------|-----------------|--------------------------|---------------------|
| Chicken Goujons                       |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 |                          |                     |
| Tikka chicken in breadcrumbs*         |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | NO                       | NO                  |
| Sweet curry sauce                     |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | YES                 |
| Lambs leaf, ruby chard and lime wedge |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | YES                 |






| Charcoal Grilled Halloumi |  |  |  |  |  |  |  |  |  |  |  |  |  |  |     |     |
|---------------------------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|-----|-----|
| Halloumi                  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | YES | NO  |
| Ruby chard                |  |  |  |  |  |  |  |  |  |  |  |  |  |  | YES | YES |


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|--|--------|---|-------------|------|------|-------|---|----------|---------|---|---------|---|--------------|-----------------|--------------------------|---------------------|-----|-----|
| Sweet potato, chickpea and spinach curry |        |   |             |      |      |       |   |          |         |  |         |   |              |                 |                          |                     | YES | YES |
|  | Celery | Cereals containing gluten   | Crustaceans | Eggs | Fish | Lupin | Milk  | Molluscs | Mustard | Nuts  | Peanuts | Soya  | Sesame seeds | Sulphur dioxide | Suitable for vegetarians | Suitable for vegans |     |     |
| Goats Cheese Fritters                    |        |   |             |      |      |       |   |          |         |   |         |   |              |                 |                          |                     |     |     |
| Goats cheese in smoked paprika*          |        |  |             |      |      |       |  |          |         |   |         |   |              |                 |                          |                     | NO  | NO  |
| Honey                                    |        |   |             |      |      |       |   |          |         |   |         |   |              |                 |                          |                     | YES | NO  |
| Parsley                                  |        |   |             |      |      |       |   |          |         |   |         |  |              |                 |                          |                     | YES | YES |
| Red onion salad                          |        |   |             |      |      |       |   |          |         |   |         |  |              |                 |                          |                     | YES | YES |

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## Comfort corner

|                            | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts | Peanuts | Soya | Sesame seeds | Sulphur dioxide | Suitable for vegetarians | Suitable for vegans |
|----------------------------|--------|---------------------------|-------------|------|------|-------|------|----------|---------|------|---------|------|--------------|-----------------|--------------------------|---------------------|
| <b>Scouse/Cottage Pie</b>  |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 |                          |                     |
| Scouse/Cottage Pie filling |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | NO                       | NO                  |
| Pastry case                |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | YES                 |
| Champ mash                 |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | NO                  |
| Red Leicester cheese       |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | NO                  |
| Onion gravy                |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | YES                 |
| Pickled red cabbage        |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | YES                 |
| Chips*                     |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | NO                       | NO                  |










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|--|--------|---|-------------|------|------|-------|------|----------|---------|------|---------|---|---|-----------------|--------------------------|---------------------|
| <b>Spicy Asian Vegetable and Coconut Curry Pie</b> |        |   |             |      |      |       |      |          |         |      |         |   |   |                 |                          |                     |
| Penang vegetable curry                             |        |   |             |      |      |       |      |          |         |      |         |   |   |                 | YES                      | YES                 |
| Pastry case  |        |    |             |      |      |       |      |          |         |      |         |    |   |                 | YES                      | YES                 |
| Cauliflower and broccoli                           |        |   |             |      |      |       |      |          |         |      |         |   |   |                 | YES                      | YES                 |
| Wild rice  |        |   |             |      |      |       |      |          |         |      |         |   |   |                 | YES                      | YES                 |
| Hoisin/soy dip                                     |        |    |             |      |      |       |      |          |         |      |         |    |   |                 | YES                      | YES                 |
| <b>Chicken Tikka Masala Pie</b>                    |        |   |             |      |      |       |      |          |         |      |         |   |   |                 |                          |                     |
| Chicken Tikka Pie Filling                          |        |   |             |      |      |       |      |          |         |      |         |   |   |                 | NO                       | NO                  |
| Large Pie Case                                     |        |  |             |      |      |       |      |          |         |      |         |  |   |                 | YES                      | YES                 |
| Chips*   |        |   |             |      |      |       |      |          |         |      |         |   |  |                 | NO                       | NO                  |







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|-----------------------------|--|---|--|--|--|--|--|--|--|--|--|--|--|---|-----|-----|
| Smooth Mango Chutney        |  |   |  |  |  |  |  |  |  |  |  |  |  |  | YES | YES |
| Bhaji Battered Onion Rings* |  |  |  |  |  |  |  |  |  |  |  |  |  |  | NO  | NO  |
| Chives                      |  |   |  |  |  |  |  |  |  |  |  |  |  |   | YES | YES |




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|--|--------|---------------------------|-------------|------|------|-------|------|----------|---------|---|---------|---|--------------|-----------------|--------------------------|---------------------|
| <b>Quinoa and Vegetable Bowl with Sweet Potato Falafel</b> |        |                           |             |      |      |       |      |          |         |   |         |   |              |                 |                          |                     |
| Quinoa with roast mushrooms                                |        |                           |             |      |      |       |      |          |         |   |         |    |              |                 | YES                      | YES                 |
| Carrots  |        |                           |             |      |      |       |      |          |         |   |         |   |              |                 | YES                      | YES                 |
| Edamame bean salad   |        |                           |             |      |      |       |      |          |         |   |         |    |              |                 | YES                      | YES                 |
| Baby corn  |        |                           |             |      |      |       |      |          |         |   |         |   |              |                 | YES                      | YES                 |
| Spring onion   |        |                           |             |      |      |       |      |          |         |   |         |  |              |                 | YES                      | YES                 |
| Cashew nuts  |        |                           |             |      |      |       |      |          |         |  |         |   |              |                 | YES                      | YES                 |
| Cucumber   |        |                           |             |      |      |       |      |          |         |   |         |  |              |                 | YES                      | YES                 |


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|--------------------------|--|--|--|--|--|--|--|--|--|--|--|---|---|--|-----|-----|
| Roast shallot            |  |  |  |  |  |  |  |  |  |  |  |  |   |  | YES | YES |
| Sweet potato falafel     |  |  |  |  |  |  |  |  |  |  |  |   |  |  | YES | YES |
| Spicy coconut milk 'tea' |  |  |  |  |  |  |  |  |  |  |  |  |   |  | YES | YES |

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## Hand-held







|  | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts | Peanuts | Soya | Sesame seeds | Sulphur dioxide | Suitable for vegetarians | Suitable for vegans |
|--|--------|---------------------------|-------------|------|------|-------|------|----------|---------|------|---------|------|--------------|-----------------|--------------------------|---------------------|
| <b>Proper Dirty Double Burger</b>                |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 |                          |                     |
| Brioche burger roll                              |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | NO                  |
| Burger patties (brushed with butter and veg oil) |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | NO                       | NO                  |
| Baby gem lettuce and tomato                      |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | YES                 |
| Dirty mayonnaise                                 |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | NO                  |
| Battered onion rings*                            |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | NO                       | NO                  |
| Ketchup  |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | YES                 |
| <b>Chicken Fillet Burger</b>                     |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 |                          |                     |
| Brioche burger roll                              |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | NO                  |
















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|---|---|--|--|---|--|--|---|--|---|--|--|--|--|--|--|-----|-----|
| Chicken in smoked paprika batter and breadcrumbs* |  |  |  |   |  |  |   |  |   |  |  |  |  |  |  | NO  | NO  |
| Red Leicester cheese                              |   |  |  |   |  |  |  |  |   |  |  |  |  |  |  | YES | NO  |
| Baby gem, tomato                                  |   |  |  |   |  |  |   |  |   |  |  |  |  |  |  | YES | YES |
| Battered onion rings*                             |  |  |  |   |  |  |  |  |   |  |  |  |  |  |  | NO  | NO  |
| Chipotle sauce                                    |   |  |  |  |  |  |   |  |  |  |  |  |  |  |  | YES | NO  |

















|                            | Celery  | Cereals containing gluten  | Crustaceans | Eggs  | Fish  | Lupin | Milk  | Molluscs | Mustard   | Nuts   | Peanuts | Soya   | Sesame seeds  | Sulphur dioxide | Suitable for vegetarians | Suitable for vegans |
|----------------------------|---|--|-------------|---|---|-------|---|----------|---|--|---------|--|---|-----------------|--------------------------|---------------------|
| <b>Stacked Fish Burger</b> |   |  |             |   |   |       |   |          |   |  |         |  |   |                 |                          |                     |
| Cod in lemon pepper crumb  |  |   |             |   |  |       |   |          |    |  |         |   |   |                 | NO                       | NO                  |
| Brioche bun                |   |  |             |   |   |       |  |          |   |  |         |  |  |                 | YES                      | NO                  |
| Baby gem lettuce, tomato   |   |  |             |   |   |       |   |          |   |  |         |  |   |                 | YES                      | YES                 |
| Chipotle mayo              |   |  |             |  |   |       |   |          |  |  |         |  |   |                 | YES                      | NO                  |
| Campfire Slaw              |   |  |             |  |   |       |   |          |  |  |         |  |   |                 | YES                      | NO                  |


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|                                  |  |   |  |   |  |  |   |  |   |  |   |   |     |     |
|----------------------------------|--|---|--|---|--|--|---|--|---|--|---|---|-----|-----|
| Chips*                           |  |   |  |   |  |  |   |  |   |  |   |  | NO  | NO  |
| Battered Onion Rings*            |  |  |  |   |  |  |  |  |   |  |   |   | NO  | NO  |
| Chickpea and Goats Cheese Burger |  |   |  |   |  |  |   |  |   |  |   |   |     |     |
| Chickpea burger                  |  |  |  |   |  |  |   |  |   |  |   |   | YES | YES |
| Brioche bun                      |  |  |  |  |  |  |  |  |  |  |  |  | YES | NO  |
| Goats cheese                     |  |   |  |   |  |  |  |  |   |  |   |   | YES | NO  |
| Beef tomato, baby gem lettuce    |  |   |  |   |  |  |   |  |   |  |   |   | YES | YES |
| Battered onion rings*            |  |  |  |   |  |  |  |  |   |  |   |   | NO  | NO  |
| Chipotle mayo                    |  |   |  |  |  |  |   |  |  |  |   |   | YES | NO  |
| Fire roasted red peppers         |  |   |  |   |  |  |   |  |   |  |   |   | YES | YES |
| Chips*                           |  |   |  |   |  |  |   |  |   |  |   |  | NO  | NO  |





















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## Chip Shop Classics

|  | Celery | Cereals containing gluten   | Crustaceans | Eggs   | Fish  | Lupin | Milk  | Molluscs | Mustard  | Nuts | Peanuts | Soya  | Sesame seeds  | Sulphur dioxide  | Suitable for vegetarians | Suitable for vegans |
|--|--------|---|-------------|--|---|-------|---|----------|--|------|---------|---|---|--|--------------------------|---------------------|
| <b>Traditional Wild Ocean Cod</b>          |        |   |             |  |   |       |   |          |  |      |         |   |   |  |                          |                     |
| Battered/breaded cod*                      |        |  |             |   |  |       |  |          |   |      |         |  |   |  | NO                       | NO                  |
| Chips*                                     |        |   |             |  |   |       |   |          |  |      |         |   |  |  | NO                       | NO                  |
| Mushy peas                                 |        |   |             |  |   |       |   |          |  |      |         |   |   |  | YES                      | YES                 |
| Tartare sauce                              |        |   |             |   |   |       |   |          |   |      |         |   |   |   | YES                      | NO                  |
| <b>Traditional Finest Scottish Haddock</b> |        |   |             |  |   |       |   |          |  |      |         |   |   |  |                          |                     |
| Battered/breaded haddock*                  |        |  |             |   |  |       |  |          |   |      |         |  |   |  | NO                       | NO                  |
| Chips*                                     |        |   |             |  |   |       |   |          |  |      |         |   |  |  | NO                       | NO                  |
| Mushy peas                                 |        |   |             |  |   |       |   |          |  |      |         |   |   |  | YES                      | YES                 |
| Tartare sauce                              |        |   |             |  |   |       |   |          |  |      |         |   |   |  | YES                      | NO                  |

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|                                     | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts | Peanuts | Soya | Sesame seeds | Sulphur dioxide | Suitable for vegetarians | Suitable for vegans |
|-------------------------------------|--------|---------------------------|-------------|------|------|-------|------|----------|---------|------|---------|------|--------------|-----------------|--------------------------|---------------------|
| <b>Cod in Smoked Paprika Batter</b> |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 |                          |                     |
| Cod in paprika batter*              |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | NO                       | NO                  |
| Red wine and honey vinegar          |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | NO                  |
| Chips*                              |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | NO                       | NO                  |
| Chipotle mayo                       |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | NO                  |

|   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |     |     |
|---|--|--|--|--|--|--|--|--|--|--|--|--|--|--|-----|-----|
| <b>Wild Ocean Cod in Onion Bhaji Batter</b> |  |  |  |  |  |  |  |  |  |  |  |  |  |  |     |     |
| Cod in onion bhaji batter*                  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | NO  | NO  |
| Coronation mayo                             |  |  |  |  |  |  |  |  |  |  |  |  |  |  | YES | NO  |
| Pilau rice                                  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | YES | YES |
| Curry sauce                                 |  |  |  |  |  |  |  |  |  |  |  |  |  |  | YES | YES |

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## Traditional Classics

|  | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts | Peanuts | Soya | Sesame seeds | Sulphur dioxide | Suitable for vegetarians | Suitable for vegans |
|--|--------|---------------------------|-------------|------|------|-------|------|----------|---------|------|---------|------|--------------|-----------------|--------------------------|---------------------|
| <b>Scampi in a basket</b>                    |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 |                          |                     |
| Breaded scampi*                              |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | NO                       | NO                  |
| Chips*                                       |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | NO                       | NO                  |
| Mushy Peas                                   |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | YES                 |
| Tartare sauce                                |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | NO                  |
| Salad, tomato salsa                          |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | YES                 |
| <b>George's Cumberland Banger &amp; Mash</b> |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 |                          |                     |
| Cumberland Ring                              |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | NO                       | NO                  |
| Onions                                       |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | YES                 |
| Onion gravy                                  |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | YES                 |
| Champ mash                                   |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | NO                  |
| Pickled red cabbage                          |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | YES                 |

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|   | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts | Peanuts | Soya | Sesame seeds | Sulphur dioxide | Suitable for vegetarians | Suitable for vegans |
|---|--------|---------------------------|-------------|------|------|-------|------|----------|---------|------|---------|------|--------------|-----------------|--------------------------|---------------------|
| <b>Chicken Waffles</b>                                  |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 |                          |                     |
| Chicken in lemon pepper breadcrumbs and paprika batter* |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | NO                       | NO                  |
| Belgian waffles   |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | NO                  |
| Campfire coleslaw                                       |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | NO                  |
| Bacon   |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | NO                       | NO                  |
| Maple syrup   |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | YES                 |
| Mixed baby leaf   |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | YES                 |

|   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |     |    |
|---|--|--|--|--|--|--|--|--|--|--|--|--|--|--|-----|----|
| <b>Chicken in a basket</b>                              |  |  |  |  |  |  |  |  |  |  |  |  |  |  |     |    |
| Chicken in lemon pepper breadcrumbs and paprika batter* |  |  |  |  |  |  |  |  |  |  |  |  |  |  | NO  | NO |
| Sweetcorn Pancake                                       |  |  |  |  |  |  |  |  |  |  |  |  |  |  | YES | NO |
| Campfire coleslaw                                       |  |  |  |  |  |  |  |  |  |  |  |  |  |  | YES | NO |
| Bacon   |  |  |  |  |  |  |  |  |  |  |  |  |  |  | NO  | NO |
| Chipotle Sauce  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | YES | NO |


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|        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |   |    |    |
|--------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|---|----|----|
| Chips* |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | NO | NO |
|--------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|---|----|----|

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## From the Charcoal Grill
















|   | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts | Peanuts | Soya | Sesame seeds | Sulphur dioxide | Suitable for vegetarians | Suitable for vegans |
|---|--------|---------------------------|-------------|------|------|-------|------|----------|---------|------|---------|------|--------------|-----------------|--------------------------|---------------------|
| Charcoal Grilled Fish   |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 |                          |                     |
| Cod   |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | NO                       | NO                  |
| Seabass   |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | NO                       | NO                  |
| Haddock   |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | NO                       | NO                  |
| Bubble and squeak mash with béarnaise sauce, tomato salsa   |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | NO                       | NO                  |
| Curly endive, baby watercress and gem lettuce, avocado, chives, spring onion, red peppers and pine nuts |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | YES                 |
| Sweet potato, chickpea and spinach curry, mango chutney and ruby chard                                  |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | NO                  |


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|  | Celery | Cereals containing gluten   | Crustaceans | Eggs  | Fish | Lupin | Milk  | Molluscs | Mustard | Nuts | Peanuts | Soya  | Sesame seeds | Sulphur dioxide   | Suitable for vegetarians | Suitable for vegans |
|--|--------|---|-------------|---|------|-------|---|----------|---------|------|---------|---|--------------|---|--------------------------|---------------------|
| <b>Charcoal Grilled Butterfly Chicken</b>        |        |   |             |   |      |       |   |          |         |      |         |   |              |   |                          |                     |
| Chicken breast (brushed with butter and veg oil) |        |   |             |   |      |       |    |          |         |      |         |    |              |   | NO                       | NO                  |
| Champ mash                                       |        |   |             |   |      |       |    |          |         |      |         |   |              |   | YES                      | NO                  |
| Green beans with butter                          |        |   |             |   |      |       |    |          |         |      |         |   |              |   | YES                      | NO                  |
| Mushroom and white truffle sauce                 |        |   |             |  |      |       |    |          |         |      |         |   |              |    | YES                      | NO                  |
| Tender stem broccoli with butter                 |        |   |             |   |      |       |    |          |         |      |         |   |              |   | YES                      | NO                  |
| <b>Sirloin Steak</b>                             |        |   |             |   |      |       |   |          |         |      |         |   |              |   |                          |                     |
| Sirloin steak (brushed with butter and veg oil)  |        |   |             |   |      |       |    |          |         |      |         |    |              |   | NO                       | NO                  |
| Watercress                                       |        |   |             |   |      |       |   |          |         |      |         |   |              |   | YES                      | YES                 |
| Herb grilled tomato                              |        |  |             |   |      |       |   |          |         |      |         |  |              |   | YES                      | YES                 |
| Chips*   |        |   |             |   |      |       |   |          |         |      |         |   |              |  | NO                       | NO                  |
| Battered onion rings*                            |        |  |             |   |      |       |  |          |         |      |         |   |              |   | NO                       | NO                  |



















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
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## Sides

|  | Celery  | Cereals containing gluten   | Crustaceans | Eggs  | Fish  | Lupin | Milk  | Molluscs | Mustard   | Nuts  | Peanuts | Soya  | Sesame seeds | Sulphur dioxide   | Suitable for vegetarians | Suitable for vegans |
|--|---|---|-------------|---|---|-------|---|----------|---|---|---------|---|--------------|---|--------------------------|---------------------|
| Proper Twice Cooked Chips*                     |   |   |             |   |   |       |   |          |   |   |         |   |              |    | NO                       | NO                  |
| Stilton Chips*                                 |   |    |             |  |   |       |  |          |   |   |         |    |              |    | NO                       | NO                  |
| Sweet Potato Fries*                            |   |   |             |   |   |       |   |          |   |   |         |   |              |   | NO                       | NO                  |
| Bubble and Squeak                              |  |    |             |  |  |       |  |          |  |   |         |   |              |   | NO                       | NO                  |
| Campfire Coleslaw                              |   |   |             |  |   |       |   |          |  |   |         |   |              |   | YES                      | NO                  |
| Mixed Side Salad                               |   |   |             |   |   |       |   |          |  |  |         |    |              |    | YES                      | YES                 |
| Tenderstem Broccoli and Fine Beans with butter |   |   |             |   |   |       |  |          |   |   |         |   |              |   | YES                      | NO                  |
| Pilau Rice                                     |   |   |             |   |   |       |   |          |   |   |         |   |              |   | YES                      | YES                 |
| Spicy Onion Rings*                             |   |    |             |   |   |       |  |          |   |   |         |   |              |   | NO                       | NO                  |
| Mushy Peas                                     |   |   |             |   |   |       |   |          |   |   |         |   |              |   | YES                      | YES                 |
| Homemade Curry Sauce                           |   |   |             |   |   |       |   |          |   |   |         |   |              |   | YES                      | YES                 |
| Homemade Onion Gravy                           |   |  |             |   |   |       |   |          |   |   |         |  |              |  | YES                      | YES                 |

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## Sauce

|                                  | Celery  | Cereals containing gluten   | Crustaceans | Eggs  | Fish | Lupin | Milk  | Molluscs | Mustard  | Nuts | Peanuts | Soya  | Sesame seeds | Sulphur dioxide   | Suitable for vegetarians | Suitable for vegans |
|----------------------------------|---|---|-------------|---|------|-------|---|----------|--|------|---------|---|--------------|---|--------------------------|---------------------|
| Alfee's Ketchup                  |   |   |             |   |      |       |   |          |   |      |         |   |              |   | YES                      | YES                 |
| Tartare Sauce                    |   |   |             |    |      |       |   |          |   |      |         |   |              |  | YES                      | NO                  |
| Garlic Mayo                      |   |   |             |    |      |       |   |          |  |      |         |   |              |   | YES                      | NO                  |
| George's BBQ Sauce               |   |   |             |   |      |       |   |          |  |      |         |   |              |   | YES                      | YES                 |
| Brown Sauce                      |   |    |             |   |      |       |   |          |  |      |         |   |              |   | YES                      | YES                 |
| Dirty Mayonnaise                 |   |   |             |    |      |       |   |          |   |      |         |   |              |   | YES                      | NO                  |
| Chipotle Mayonnaise              |   |   |             |    |      |       |   |          |   |      |         |   |              |   | YES                      | NO                  |
| Blue Cheese Sauce                |   |    |             |    |      |       |    |          |  |      |         |    |              |   | YES                      | NO                  |
| Sweet Curry Sauce                |   |    |             |   |      |       |   |          |  |      |         |   |              |   | YES                      | YES                 |
| Ranch Dressing                   |   |   |             |   |      |       |   |          |  |      |         |    |              |  | YES                      | YES                 |
| Wasabi Mayonnaise                |   |   |             |   |      |       |   |          |  |      |         |   |              |   | YES                      | NO                  |
| Creamy Black Peppercorn Sauce    |  |  |             |  |      |       |  |          |  |      |         |  |              |   | YES                      | NO                  |
| Mushroom and white truffle sauce |   |   |             |  |      |       |  |          |  |      |         |  |              |   | YES                      | NO                  |

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## Desserts

|                      | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts | Peanuts | Soya | Sesame seeds | Sulphur dioxide | Suitable for vegetarians | Suitable for vegans |
|----------------------|--------|---------------------------|-------------|------|------|-------|------|----------|---------|------|---------|------|--------------|-----------------|--------------------------|---------------------|
| Milk Bar Kid         |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | NO                  |
| Strawberry Shortcake |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | NO                  |
| Vanilla Ice Cream    |        | !                         |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | NO                  |
| Chocolate Ice Cream  |        | !                         |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | NO                  |
| Chantilly cream      |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | NO                  |
| Chocolate flake      |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | NO                  |
| Chocolate sauce      |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | YES                 |
| Raspberry sauce      |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | YES                 |

**!**

Our vanilla, strawberry and chocolate flavoured ice creams DO NOT contain gluten; however, they have been produced in a factory which handles gluten containing products!









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|   | Celery | Cereals containing gluten   | Crustaceans | Eggs  | Fish | Lupin | Milk  | Molluscs | Mustard | Nuts  | Peanuts | Soya | Sesame seeds | Sulphur dioxide | Suitable for vegetarians | Suitable for vegans |
|---|--------|---|-------------|---|------|-------|---|----------|---------|---|---------|------|--------------|-----------------|--------------------------|---------------------|
| <b>Horn of Plenty</b>                                       |        |   |             |   |      |       |   |          |         |   |         |      |              |                 |                          |                     |
| Puff pastry horn filled with autumn fruit and whipped cream |        |  |             |   |      |       |  |          |         |   |         |      |              |                 | YES                      | NO                  |
| Raspberry sauce   |        |   |             |   |      |       |   |          |         |   |         |      |              |                 | YES                      | YES                 |
| Strawberries  |        |   |             |   |      |       |   |          |         |   |         |      |              |                 | YES                      | YES                 |
| Caramelised banana  |        |   |             |   |      |       |   |          |         |   |         |      |              |                 | YES                      | YES                 |
| Mango, passionfruit and pineapple                           |        |   |             |   |      |       |   |          |         |   |         |      |              |                 | YES                      | YES                 |
| Passionfruit sorbet   |        |   |             |  |      |       |  |          |         |  |         |      |              |                 | YES                      | NO                  |
| <b>Doughnuts</b>  |        |   |             |   |      |       |   |          |         |   |         |      |              |                 |                          |                     |
| Doughnuts*  |        |  |             |  |      |       |  |          |         |   |         |      |              |                 | NO                       | NO                  |
| Chocolate sauce   |        |   |             |   |      |       |  |          |         |   |         |      |              |                 | YES                      | YES                 |
| Raspberry sauce   |        |   |             |   |      |       |   |          |         |   |         |      |              |                 | YES                      | YES                 |
| Candy floss   |        |   |             |   |      |       |   |          |         |   |         |      |              |                 | YES                      | YES                 |

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|                                      | Cele<br>ry | Cereals<br>containing<br>gluten | Crustace<br>ans | Eggs | Fish | Lupin | Milk | Molluscs | Musta<br>rd | Nuts | Peanu<br>ts | Soya | Sesame<br>seeds | Sulphur<br>dioxide | Suitable<br>for<br>vegetarian<br>s | Suitable<br>for vegans |
|--------------------------------------|------------|---------------------------------|-----------------|------|------|-------|------|----------|-------------|------|-------------|------|-----------------|--------------------|------------------------------------|------------------------|
| <b>George's Lemon Meringue Pie</b>   |            |                                 |                 |      |      |       |      |          |             |      |             |      |                 |                    |                                    |                        |
| Lemon Tart Portion                   |            |                                 |                 |      |      |       |      |          |             |      |             |      |                 |                    | YES                                | NO                     |
| Lemon Curd Ice Cream                 |            |                                 |                 |      |      |       |      |          |             |      |             |      |                 |                    | YES                                | NO                     |
| Raspberry Puree                      |            |                                 |                 |      |      |       |      |          |             |      |             |      |                 |                    | YES                                | NO                     |
| Meringue nest                        |            |                                 |                 |      |      |       |      |          |             |      |             |      |                 |                    | YES                                | NO                     |
| Double cream                         |            |                                 |                 |      |      |       |      |          |             |      |             |      |                 |                    | YES                                | NO                     |
| Mint                                 |            |                                 |                 |      |      |       |      |          |             |      |             |      |                 |                    | YES                                | YES                    |
| <b>George's Warm Cherry Bakewell</b> |            |                                 |                 |      |      |       |      |          |             |      |             |      |                 |                    |                                    |                        |
| Bakewell tart                        |            |                                 |                 |      |      |       |      |          |             |      |             |      |                 |                    | YES                                | NO                     |
| Vanilla ice cream                    |            | !                               |                 |      |      |       |      |          |             |      |             |      |                 |                    | YES                                | NO                     |
| Custard                              |            |                                 |                 |      |      |       |      |          |             |      |             |      |                 |                    | YES                                | NO                     |
| Mint                                 |            |                                 |                 |      |      |       |      |          |             |      |             |      |                 |                    | YES                                | YES                    |


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|--|------------|---|-----------------|---|------|-------|---|----------|-------------|---|-------------|---|-----------------|---|------------------------------------|------------------------|
| <b>Vegan Chocolate &amp; Orange Tart</b>                                       |            |   |                 |   |      |       |   |          |             |   |             |   |                 |   |                                    |                        |
| Vegan Chocolate and orange tart  |            |   |                 |   |      |       |   |          |             |  |             |  |                 |   | YES                                | YES                    |
| Raspberry puree  |            |   |                 |   |      |       |   |          |             |   |             |   |                 |   | YES                                | YES                    |
| Vegan Chocolate ice cream  |            |   |                 |   |      |       |   |          |             |   |             |  |                 |   | YES                                | YES                    |
| Mint   |            |   |                 |   |      |       |   |          |             |   |             |   |                 |   | YES                                | YES                    |
| <b>Apple &amp; Caramac Higgledy - Piggledy Crumble Pie</b>                     |            |   |                 |   |      |       |   |          |             |   |             |   |                 |   |                                    |                        |
| Apple and caramac pie  |            |  |                 |   |      |       |  |          |             |   |             |   |                 |  | YES                                | NO                     |
| Salted caramel sauce   |            |   |                 |   |      |       |  |          |             |   |             |   |                 |  | YES                                | NO                     |
| Vanilla ice cream  |            | !   |                 |  |      |       |  |          |             |  |             |   |                 |   | YES                                | NO                     |
| <b>Our Famous Dessert Sharer</b>   |            |   |                 |   |      |       |   |          |             |   |             |   |                 |   |                                    |                        |
| Ice cream and topping of your choice! - see Ice Cream section for full details |            |   |                 |   |      |       |   |          |             |   |             |   |                 |   |                                    |                        |
| Candy floss  |            |   |                 |   |      |       |   |          |             |   |             |   |                 |   | YES                                | YES                    |

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## Under 8's

|                                       | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts | Peanuts | Soya | Sesame seeds | Sulphur dioxide | Suitable for vegetarians | Suitable for vegans |
|---------------------------------------|--------|---------------------------|-------------|------|------|-------|------|----------|---------|------|---------|------|--------------|-----------------|--------------------------|---------------------|
| Halloumi coated in light breadcrumbs* |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | NO                       | NO                  |
| Fish Goujons in batter*               |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | NO                       | NO                  |
| Fish Goujons in breadcrumbs*          |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | NO                       | NO                  |
| Grilled Fish Goujons                  |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | NO                       | NO                  |
| <b>Kids Burger</b>                    |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 |                          |                     |
| Beef pattie                           |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | NO                       | NO                  |
| Brioche bun                           |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | NO                  |
| Chicken Goujons in breadcrumbs*       |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | NO                       | NO                  |
| Grilled Chicken Goujons               |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | NO                       | NO                  |
| Chip Shop Banger - battered*          |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | NO                       | NO                  |
| Chip Shop Banger - plain*             |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | NO                       | NO                  |

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|-------------------------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|-----|----|
| Melting Cheese Fritter* |  |  |  |  |  |  |  |  |  |  |  |  |  |  | NO  | NO |
| Kids Chicken Burger     |  |  |  |  |  |  |  |  |  |  |  |  |  |  |     |    |
| Chicken in breadcrumbs* |  |  |  |  |  |  |  |  |  |  |  |  |  |  | NO  | NO |
| Brioche bun             |  |  |  |  |  |  |  |  |  |  |  |  |  |  | YES | NO |











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|---|--------|---------------------------|-------------|------|------|-------|------|----------|---------|------|---------|------|--------------|-----------------|--------------------------|---------------------|
| Butter mash   |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | NO                  |
| Chunky chips*   |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | NO                       | NO                  |
| Simply salad with tomato                                |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | YES                 |
| Garden peas   |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | YES                 |
| Mushy peas  |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | YES                 |
| Steamed tender stem broccoli and fine beans with butter |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | NO                  |
| Crunchy veg sticks                                      |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | YES                 |
| Baked beans   |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | YES                 |


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|   |  |   |   |  |  |   |  |   |   |  |   |   |     |     |
|---|--|---|---|--|--|---|--|---|---|--|---|---|-----|-----|
| Gravy   |  |  |   |  |  |   |  |   |   |  |  |  | YES | YES |
| Curry sauce                                     |  |   |   |  |  |   |  |   |   |  |   |   | YES | YES |
| Tomato ketchup                                  |  |   |   |  |  |   |  |  |   |  |   |   | YES | YES |
| Mayonnaise                                      |  |   |  |  |  |   |  |  |   |  |   |   | YES | NO  |
| Doughnuts* with flake, ice cream and candyfloss |  |  |  |  |  |  |  |   |  |  |   |   | NO  | NO  |

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|--|--------|---------------------------|-------------|------|------|-------|------|----------|---------|------|---------|------|--------------|-----------------|--------------------------|---------------------|
| <b>Build Your Own Ice Cream</b>                          |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 |                          |                     |
| Milk Bar Kid   |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | NO                  |
| Strawberry Shortcake                                     |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | NO                  |
| Vanilla Ice Cream  |        | !                         |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | NO                  |
| Chocolate Ice Cream                                      |        | !                         |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | NO                  |
| Chantilly cream  |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | NO                  |
| Chocolate flake  |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | NO                  |
| Chocolate sauce  |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | YES                 |
| Raspberry sauce  |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | YES                 |
| Fresh Fruit Pot – strawberries, apple, banana and orange |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | YES                 |

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## Lunch Menu

|                                      | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts | Peanuts | Soya | Sesame seeds | Sulphur dioxide | Suitable for vegetarians | Suitable for vegans |
|--------------------------------------|--------|---------------------------|-------------|------|------|-------|------|----------|---------|------|---------|------|--------------|-----------------|--------------------------|---------------------|
| Small Wild Ocean Cod                 |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 |                          |                     |
| Mini cod in batter*                  |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | NO                       | NO                  |
| Chips*                               |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | NO                       | NO                  |
| Tartare sauce                        |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | NO                  |
| Lemon wedge and parsley              |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | YES                 |
| Spiced Vegetable and Chickpea Burger |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 |                          |                     |
| Chickpea burger                      |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | YES                 |
| Brioche bun                          |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | NO                  |
| Red Leicester cheese                 |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | NO                  |
| Beef tomato, baby gem lettuce        |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | YES                 |
| Chipotle mayo                        |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | NO                  |
| Chips*                               |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | NO                       | NO                  |

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|---|--------|---------------------------|-------------|------|------|-------|------|----------|---------|------|---------|------|--------------|-----------------|--------------------------|---------------------|
| <b>Proper Fish Finger Sandwich</b>              |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 |                          |                     |
| Cod in batter and breadcrumbs*                  |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | NO                       | NO                  |
| Bread slices                                    |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | YES                 |
| Mushy peas                                      |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | YES                 |
| Tartare sauce                                   |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | NO                  |
| Alfee's ketchup                                 |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | YES                 |
| Chips*  |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | NO                       | NO                  |
| <b>Cheeseburger</b>                             |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 |                          |                     |
| Brioche burger roll                             |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | NO                  |
| Burger pattie (brushed with butter and veg oil) |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | NO                       | NO                  |
| Baby gem lettuce and tomato                     |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | YES                 |
| Dirty mayonnaise                                |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | NO                  |













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|----------------------|--|--|--|--|--|--|--|---|--|--|--|--|---|--|--|--|---|-----|-----|-----|
| Red Leicester cheese |  |  |  |  |  |  |  |  |  |  |  |  |   |  |  |  |   | YES | NO  |     |
| Ketchup              |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |   |     | YES | YES |
| Alfee's ketchup      |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |   |     | YES | YES |
| Chips*               |  |  |  |  |  |  |  |   |  |  |  |  |   |  |  |  |  |     | NO  | NO  |

| George's Meets Geordie's Saveloy Pie (Newcastle only) |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |   |   |     |     |
|---|---|---|--|--|--|--|--|--|--|--|--|--|--|--|--|--|---|---|-----|-----|
| Saveloy pie filling                                   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | NO  | NO  |
| Pastry case   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |   | YES | YES |
| Caramelised onion crumb                               |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |   | YES | YES |
| Onion gravy   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | YES | YES |
| Chips*  |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |   |  | NO  | NO  |

| Cumberland Banger with Mash and Bacon |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |    |    |
|---------------------------------------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|----|----|
| Crispy bacon                          |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | NO | NO |

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|----------------------------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|-----|----|
| Cumberland sausage         |  |  |  |  |  |  |  |  |  |  |  |  |  |  | NO  | NO |
| Bubble & squeak            |  |  |  |  |  |  |  |  |  |  |  |  |  |  | NO  | NO |
| Honey and mustard dressing |  |  |  |  |  |  |  |  |  |  |  |  |  |  | YES | NO |








|                         | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts | Peanuts | Soya | Sesame seeds | Sulphur dioxide | Suitable for vegetarians | Suitable for vegans |
|-------------------------|--------|---------------------------|-------------|------|------|-------|------|----------|---------|------|---------|------|--------------|-----------------|--------------------------|---------------------|
| <b>Mac n Cheese Pie</b> |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 |                          |                     |
| Pastry case             |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | YES                 |
| Mac n Cheese filling    |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | NO                  |
| Red Leicester cheese    |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | NO                  |
| Onion and herb crumb    |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | YES                 |
| Chips*                  |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | NO                       | NO                  |
| Brown sauce             |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | YES                 |


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| Hake in Onion Bhaji Batter  |  |   |  |   |   |  |  |   |  |  |   |  |   |     |     |
|-----------------------------|--|---|--|---|---|--|--|---|--|--|---|--|---|-----|-----|
| Hake in onion bhaji batter* |  |  |  |   |  |  |  |   |  |  |   |  |   | NO  | NO  |
| Coronation mayo             |  |  |  |  |   |  |  |  |  |  |  |  |   | YES | NO  |
| Chips*                      |  |   |  |   |   |  |  |   |  |  |   |  |  | NO  | NO  |
| Curry sauce                 |  |   |  |   |   |  |  |   |  |  |   |  |   | YES | YES |








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## Non-Gluten Containing Menu

|  | Celery  | Cereals containing gluten | Crustaceans | Eggs  | Fish | Lupin | Milk  | Molluscs  | Mustard   | Nuts | Peanuts | Soya | Sesame seeds | Sulphur dioxide | Suitable for vegetarians | Suitable for vegans |
|--|---|---------------------------|-------------|---|------|-------|---|---|---|------|---------|------|--------------|-----------------|--------------------------|---------------------|
| <b>Charcoal Grilled Halloumi</b>         |   |                           |             |   |      |       |   |   |   |      |         |      |              |                 |                          |                     |
| Halloumi                                 |   |                           |             |   |      |       |  |   |   |      |         |      |              |                 | YES                      | NO                  |
| Ruby chard                               |   |                           |             |   |      |       |   |   |   |      |         |      |              |                 | YES                      | YES                 |
| Sweet potato, chickpea and spinach curry |   |                           |             |   |      |       |   |   |  |      |         |      |              |                 | YES                      | YES                 |
| <b>Squid Rings</b>                       |   |                           |             |   |      |       |   |   |   |      |         |      |              |                 |                          |                     |
| Squid rings* <i>with cornflour</i>       |   |                           |             |   |      |       |  |  |   |      |         |      |              |                 | NO                       | NO                  |
| Old bay seasoning                        |  |                           |             |   |      |       |   |   |   |      |         |      |              |                 | YES                      | YES                 |
| Chipotle sauce                           |   |                           |             |  |      |       |   |   |  |      |         |      |              |                 | YES                      | NO                  |

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|   | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts | Peanuts | Soya | Sesame seeds | Sulphur dioxide | Suitable for vegetarians | Suitable for vegans |
|---|--------|---------------------------|-------------|------|------|-------|------|----------|---------|------|---------|------|--------------|-----------------|--------------------------|---------------------|
| <b>Grilled Fish</b>   |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 |                          |                     |
| Sea Bass  |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | NO                       | NO                  |
| Wild Ocean Cod  |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | NO                       | NO                  |
| Finest Scottish Haddock   |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | NO                       | NO                  |
| Scottish Salmon   |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | NO                       | NO                  |
| Hake  |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | NO                       | NO                  |
| Curly endive, baby watercress and gem lettuce, avocado, chives, spring onion, red peppers and pine nuts |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | YES                 |
| Sweet potato, chickpea and spinach curry, mango chutney and ruby chard                                  |        |                           |             |      |      |       |      |          |         |      |         |      |              |                 | YES                      | NO                  |


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|--|--------|---------------------------|-------------|---|------|-------|---|----------|---------|------|---------|---|--------------|---|--------------------------|---------------------|
| <b>Charcoal Grilled Butterfly Chicken</b>        |        |                           |             |   |      |       |   |          |         |      |         |   |              |   |                          |                     |
| Chicken breast (brushed with butter and veg oil) |        |                           |             |   |      |       |  |          |         |      |         |    |              |   | NO                       | NO                  |
| Champ mash                                       |        |                           |             |   |      |       |  |          |         |      |         |   |              |   | YES                      | NO                  |
| Green beans with butter                          |        |                           |             |   |      |       |  |          |         |      |         |   |              |   | YES                      | NO                  |
| Mushroom and white truffle sauce                 |        |                           |             |  |      |       |  |          |         |      |         |    |              |   | YES                      | NO                  |
| Tender stem broccoli with butter                 |        |                           |             |   |      |       |  |          |         |      |         |   |              |   | YES                      | NO                  |
| <b>Sirloin Steak</b>                             |        |                           |             |   |      |       |   |          |         |      |         |   |              |   |                          |                     |
| Sirloin steak (brushed with butter and veg oil)  |        |                           |             |   |      |       |  |          |         |      |         |    |              |   | NO                       | NO                  |
| Watercress                                       |        |                           |             |   |      |       |   |          |         |      |         |   |              |   | YES                      | YES                 |
| Grilled tomato                                   |        |                           |             |   |      |       |   |          |         |      |         |  |              |   | YES                      | YES                 |
| Chips*   |        |                           |             |   |      |       |   |          |         |      |         |   |              |  | NO                       | NO                  |








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| Naked Double Cheese Burger                     |  |  |  |  |  |   |   |  |  |  |   |   |   |     |     |
|--|--|--|--|--|--|---|---|--|--|--|---|---|---|-----|-----|
| Burger patty (brushed with butter and veg oil) |  |  |  |  |  |   |  |  |  |  |   |  |  | NO  | NO  |
| Red Leicester cheese                           |  |  |  |  |  |   |  |  |  |  |   |   |   | YES | NO  |
| Baby gem lettuce                               |  |  |  |  |  |   |   |  |  |  |   |   |   | YES | YES |
| Tomato slice                                   |  |  |  |  |  |   |   |  |  |  |   |   |   | YES | YES |
| Dirty mayo                                     |  |  |  |  |  |  |   |  |  |  |  |   |   | YES | NO  |
| Tomato ketchup                                 |  |  |  |  |  |   |   |  |  |  |  |   |   | YES | YES |


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|---|--------|---------------------------|-------------|---|------|-------|--|----------|---|------|---------|---|--------------|---|--------------------------|---------------------|
| <b>Naked Honey Grilled BBQ Chicken Burger</b>               |        |                           |             |   |      |       |  |          |   |      |         |   |              |   |                          |                     |
| Grilled chicken in BBQ rub and honey (brushed with veg oil) |        |                           |             |   |      |       |  |          |   |      |         |  |              |   | NO                       | NO                  |
| George's BBQ sauce  |        |                           |             |   |      |       |  |          |   |      |         |   |              |   | YES                      | YES                 |
| Baby gem lettuce and baby mixed leaf                        |        |                           |             |   |      |       |  |          |   |      |         |   |              |   | YES                      | YES                 |
| Tomato slice  |        |                           |             |   |      |       |  |          |   |      |         |   |              |   | YES                      | YES                 |
| <b>Chips*</b>   |        |                           |             |   |      |       |  |          |   |      |         |   |              |  | NO                       | NO                  |
| <b>Sweet Potato Fries*</b>                                  |        |                           |             |   |      |       |  |          |   |      |         |   |              |   | NO                       | NO                  |
| <b>Tender stem Broccoli and Fine Beans with butter</b>      |        |                           |             |   |      |       |  |          |   |      |         |   |              |   | YES                      | NO                  |
| <b>Pilau Rice</b>   |        |                           |             |  |      |       |  |          |   |      |         |   |              |   | YES                      | YES                 |
| <b>Campfire Coleslaw</b>                                    |        |                           |             |  |      |       |  |          |  |      |         |   |              |   | YES                      | NO                  |
| <b>Mushy Peas</b>   |        |                           |             |  |      |       |  |          |   |      |         |   |              |   | YES                      | YES                 |








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|----------------------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|---|-----|-----|
| Homemade Curry Sauce |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |   | YES | YES |
| Garden Salad         |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | YES | YES |



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|---|--------|---------------------------|-------------|------|------|-------|------|----------|---------|---|---------|---|--------------|-----------------|--------------------------|---------------------|
| Quinoa and Vegetable Bowl with Sweet Potato Falafel |        |                           |             |      |      |       |      |          |         |   |         |   |              |                 |                          |                     |
| Quinoa with roast mushrooms                         |        |                           |             |      |      |       |      |          |         |   |         |    |              |                 | YES                      | YES                 |
| Carrots   |        |                           |             |      |      |       |      |          |         |   |         |   |              |                 | YES                      | YES                 |
| Edamame bean salad                                  |        |                           |             |      |      |       |      |          |         |   |         |    |              |                 | YES                      | YES                 |
| Baby corn   |        |                           |             |      |      |       |      |          |         |   |         |    |              |                 | YES                      | YES                 |
| Spring onion  |        |                           |             |      |      |       |      |          |         |   |         |   |              |                 | YES                      | YES                 |
| Cashew nuts   |        |                           |             |      |      |       |      |          |         |  |         |   |              |                 | YES                      | YES                 |
| Cucumber  |        |                           |             |      |      |       |      |          |         |   |         |  |              |                 | YES                      | YES                 |
| Roast shallot                                       |        |                           |             |      |      |       |      |          |         |   |         |  |              |                 | YES                      | YES                 |








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|--------------------------|--|--|--|--|--|--|--|--|--|--|--|--|---|---|-----|-----|
| Sweet potato falafel     |  |  |  |  |  |  |  |  |  |  |  |  |   |  | YES | YES |
| Spicy coconut milk 'tea' |  |  |  |  |  |  |  |  |  |  |  |  |  |   | YES | YES |

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|--|--------|---------------------------|-------------|---|------|-------|---|----------|---------|---|---------|---|--------------|-----------------|--------------------------|---------------------|
| <b>Vegan Chocolate and Orange Tart</b> |        |                           |             |   |      |       |   |          |         |   |         |   |              |                 |                          |                     |
| Vegan Chocolate and Orange Tart        |        |                           |             |   |      |       |   |          |         |    |         |    |              |                 | YES                      | YES                 |
| Raspberry puree                        |        |                           |             |   |      |       |   |          |         |   |         |   |              |                 | YES                      | YES                 |
| Vegan Chocolate Ice Cream              |        |                           |             |   |      |       |   |          |         |   |         |    |              |                 | YES                      | YES                 |
| Mint                                   |        |                           |             |   |      |       |   |          |         |   |         |   |              |                 | YES                      | YES                 |
| <b>Sorbet</b>                          |        |                           |             |   |      |       |   |          |         |   |         |   |              |                 |                          |                     |
| Passion Fruit Sorbet                   |        |                           |             |  |      |       |  |          |         |  |         |  |              |                 | YES                      | NO                  |

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|------------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|-----|-----|
| Candyfloss |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | YES | YES |
| Mint       |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | YES | YES |

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